

# McMichael ABSTRACT ACRYLIC PAINTING WORKSHOP

## Lydia Panart

The theme of the workshop is the 4 Elements (Earth, Water, Air & Fire). You will choose 2 Elements or a combination of 2. Inspiring images are welcome such as photographs or inspirations for the subject matter.

The more important part of the process is to find symbolic meaning behind the chosen element. We will brainstorm together first, and then I will introduce a technique/s to apply along the painting process.

### MATERIAL LIST

- SURFACE:
  - 2 stretched canvas or canvas board 20"x20" or the size of your choice. Please bring them primed with a coat of white gesso
- ACRYLIC PAINTS (Think on the elements you'll be interested in exploring):  
Suggested Colours:
  - White Gesso
  - Raw Umber
  - Ultramarine Blue or Prussian Blue
  - Phthalo Blue or Phthalo Turquoise
  - Magenta (or Dioxazine Purple if you already have)
  - Cadmium Yellow Medium
  - Pyrrole Red or Cadmium Red Medium
  - Red Oxide
  - Yellow Ochre
- MODELING PASTE (small container): It dries white and we can use it for texture.

**NOTE:** The goal is to mix colours and play with different consistencies.

If you have a fluid acrylic **Quinacridone Nickel Azo Gold** bring it along. I will teach you how to layer beautiful luminous reds. I will show the process even if you don't bring them.

Feel free to bring whatever colours you already have or your favorites.

Bher samples from Home Depot (interior paint) may be useful, too. They have a different consistency than regular acrylics. You can have 1 or 2 of your choice. Not mandatory.

- BRUSHES & PALETTE KNIVES:
  - Flat Brushes: 1" wide (one synthetic & 1 bristle)
  - 1 plastic or metal palette knife, or 2 of them with a different shape if you already have.

**NOTE:** If you happen to have a larger size brush, bring it along- No need to buy it. If you have round bristle brushes, bring them as well.

The synthetic brush is good to achieve blending. The bristle one is for another brushwork including dry brush technique. If you have old bristle brushes, bring them too. They are excellent for this technique.

We will use palette knife to apply texture, & for impasto and to spread out paint.

☐ MISCELLANEOUS MATERIALS:

- Disposable plates, or a disposable paper mixing palette
- Paper towel, or a rug to clean and dry your brushes

**NOTE:** if you would like to take down notes, or try some colour mixings, or sketch some possible compositions, please bring paper or a notebook that takes water media.