McMichael

Accessible Program for Individuals Living with Dementia



Colour Quest

10:30 am - 12:30 pm

SCHEDULE

TIME	ACTIVITY	VISUAL
10:30 am	 Welcome to the McMichael Meet at the Pine Cottage Introduction and sign-in Make name tags Review Visual Schedule 	
10:40 am	Explore colour:Pass around objects with lots of colour and discuss	
10:55 am	 Art Making (Meeting House) Activity #1: Draw something of interest Add paint to illustration boards Use the squeegee and reveal the the abstracted background 	

11:35 am	 Art Making (Meeting House) Activity #2: Use tape to create sections Fill in the sections with different colours Use the watercolours around sections Remove the tape when the paint dries 	
12:10 pm	Critique We share our work	
12:15 pm	Snack breakSocial time and snack break in Pine Cottage	
12:30 pm	Our workshop ends. Thank you for visiting the McMichael!	