## McMichael

Accessible Program for Individuals Living with Dementia



## Life Treads

## 10:30 am – 12:30 pm

## SCHEDULE

TIME	ACTIVITY	VISUAL
10:30 am	<ul> <li>Welcome to the McMichael</li> <li>Meet at the Meeting House.</li> <li>Introduction and sign-in</li> <li>Make name tags</li> <li>Review Visual Schedule</li> </ul>	
10:40 am	<ul> <li>Explore Fabric and Thread building memory connections:</li> <li>We pass around different types of fabric</li> <li>We feel, smell, rub, and look closely at the fabric</li> </ul>	

11:15 am	<ul> <li>Art Making (Meeting House)</li> <li>Imagine what the fabrics remind you of and draw some images</li> <li>Add a background to your drawing</li> <li>Draw a new picture in the scratch foam</li> <li>Use markers to add details and print your image on paper</li> </ul>	<image/>
12:10 pm	<ul><li>Critique</li><li>We share our work</li></ul>	
12:15 pm	<ul><li>Snack break</li><li>Social time and snack break in the dry side of the meeting house</li></ul>	
12:30 pm	Our workshop ends. Thank you for visiting the McMichael!	