McMichael

Accessible Program for Individuals Living with Dementia



Soundscapes

10:30 am - 12:30 pm

SCHEDULE

TIME	ACTIVITY	VISUAL
10:30 am	 Welcome to the McMichael Meet at the Meeting House. Introduction and sign-in Make name tags Review Visual Schedule 	
10:40 am	Listen to music and try to connect through personal memories: • We try to connect what we hear to a memory	
10:55 am	Listen to music and draw the memory using watercolour crayons: • We begin to draw what we are reminded of	

11:30 am	Add water to the drawing Add water to our piece of art and notes if we want to Add water to our piece of art and two	
12:10 pm	Critique • We share our work	
12:15 pm	Snack break Social time and snack break in the dry side of the meeting house	
12:30 pm	Our workshop ends. Thank you for visiting the McMichael!	