## McMichael

Accessible Program for Adults Living with Exceptionalities



## Paint with Texture

10 am - 1 pm

## **SCHEDULE**

TIME	ACTIVITY	VISUAL
10:00 am	Welcome to the McMichael  • Meet at the Pine Cottage	
	We walk to the Gallery.	
10:15 am	Inside the Gallery:	
	<ul> <li>In the lobby we hang up our coats/jackets and store our belongings in the gallery lockers.</li> </ul>	
	<ul> <li>We visit the Theatre room, to: look at photos, learn about the McMichaels and their artist friends (Group of Seven), and explore an artist's paint box.</li> </ul>	
	Then we go into the gallery rooms to look at art.	And the state of t
	<ul> <li>When we are finished looking at art, we get our belongings and go outdoors.</li> </ul>	

11:15 am	<ul> <li>Outdoors:</li> <li>We go for a short walk to explore and enjoy the natural surroundings of the McMichael grounds.</li> <li>When we finish our walk, we go into the Pine Cottage.</li> </ul>	
11:30 am	Inside the Pine Cottage:  • We have a snack/washroom break	
11:45 am	<ul> <li>We make art.</li> <li>Together we practice painting techniques using a plastic painting knife and thick acrylic paint.</li> <li>Then, you paint your own picture using thick acrylic paints, plastic painting knife and salt.</li> <li>When you are finished your painting, you can make a picture using textured items, you can use crayons on top of paper placed on top of leaves!</li> </ul>	
1:00 pm	These are some samples (just for ideas)  Our workshop ends. Thank you for visit	ing the McMichael!