

From Drawing to Painting Supplies

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<https://www.paintingjourneys.com/>

SUGGESTED SUPPLIES:

DRAWING:

- Newsprint pad 18" x 24"
- Black Conté stick or charcoal
- Red Conte pencil or colour pencil, such as Prisma for sketching on canvas, so it does not smudge
- Drawing board to clip your newsprint pad on
- Two metal clips to hold your drawings in place

Also, you can use any large sketch book you have at home.

PAINTS:

Please bring your favorite group of colours. My suggestion for pigments selection is as follows:

- | | |
|---|---|
| <input type="checkbox"/> Naples Yellow | <input type="checkbox"/> Burnt Sienna |
| <input type="checkbox"/> Cadmium yellow lemon | <input type="checkbox"/> Viridian Green |
| <input type="checkbox"/> Cadmium yellow deep | <input type="checkbox"/> Sap Green |
| <input type="checkbox"/> Yellow Ochre | <input type="checkbox"/> Phthalo Green blue |
| <input type="checkbox"/> Cadmium Orange | <input type="checkbox"/> Phthalo Green yellow |
| <input type="checkbox"/> Cadmium Red Light | <input type="checkbox"/> Phthalo Blue |
| <input type="checkbox"/> Cadmium Red Deep | <input type="checkbox"/> Ultramarine Blue |
| <input type="checkbox"/> Quinacridone Red | <input type="checkbox"/> Cerulean Blue |
| <input type="checkbox"/> Alizarin Crimson | <input type="checkbox"/> Cobalt Teal |
| <input type="checkbox"/> Burnt Umber | <input type="checkbox"/> Dioxazine Violet |

If you don't have all these pigments, please do not worry.
But make sure you have at least those **3 specific pigments**.

- Cadmium yellow lemon
- Quinacridone Red
- Phthalo Blue green shade
- Titanium white

If you can, use professional quality paints for colour quality and intensity.

Please no black.

BRUSHES:

Size variation of:

- Bristle filbert
- Flat brushes
- Round bristle brush
- Palette knife

MEDIUMS:

For Oil:

- Walnut oil (non toxic)

Or

- Galkyd Light medium by Gamblin

For brush cleaning **indoors**:

- Nontoxic TURPENOID or similar nontoxic thinners such as GAMSOL

For Acrylic:

- Polymer medium

GROUNDS:

Painting surface:

- Canvas
- wood panel
- hardboard

I recommend: 18 "x 24", 24" x 30" or similar in size. A canvas size that you feel comfortable to complete in day and half
Primed painting surface with acrylic gesso.

PALETTE: (you can choose one of the following):

- Disposable wax palette 12" x 16"
- Glass 12" x 16" or bigger
- Plastic palette

EXTRAS:

- Paper towels
- Containers for oil mediums and acrylic medium.
- Containers for mineral spirit and water
- Easel
- Exacto Knife
- Pencil sharpener
- Easel for your painting and drawing board