

## Figure Drawing / Painting

### Pine Cottage, McMichael Gallery

In this class we will be working from professional female and male models. We will begin with simple yet effective exercises that will help you master the basics then go on to creating drawings or paintings of the human figure in the medium of your choice. Andrew Sookrah will conduct demonstrations in various media and styles with running commentary on the process. Elements of proportion and the connectivity of all elements of the human form will be explored as participants progress to effective uses of line, dramatic light, shadow & shading, and colour. Andrew Sookrah will provide guidance and support to participants along their unique path of creative expression in the medium of their choice. Guidance will be offered for charcoal, pencil, oils (traditional or water mixable), acrylic or watercolour.

**Materials List** (suggested, I will also have some paints and brushes with me, and I am happy to share)

#### Drawing

Pencils – 2H, HB, 2B, 6B,

Charcoal

Pad of drawing paper (newsprint or similar)

Board and clips to support your drawing paper

#### If working with Acrylics (Heavy Body or Fluid)

**Paints** (suggested)

Ultramarine Blue, Cobalt Blue, Cadmium Red, Burnt Sienna, Lemon Yellow, Thalo Green, Thalo Turquoise, Dioxanine Purple, Paynes Grey, Mars Black, Titanium White, Zinc White, Titan Buff.  
(And any other colours of your choice)

#### Surface

Stretched canvas or board, 12 x 18 or larger, prepared with Acrylic gesso.

*If you wish to work smaller, please bring smaller sizes.*

Canvas sheets (available in pads for sketching and practice)

As an alternate; watercolour paper (300 lb, with or without gesso)

#### Brushes

A variety of long handled acrylic brushes including several different sizes of flats, filberts and rounds. (As well as old, used brushes, they will be used for texturing)

#### If working with Oils

**Paints** (suggested)

Alizarin Crimson, Cadmium Red, Cadmium yellow, Yellow Ochre, Ultramarine Blue, Cobalt Blue, Burnt Sienna, Thalo Turquoise, Zinc White, Titanium White, Paynes Grey, Mars Black

#### Surface

Stretched canvas or board, 12 x 18 or larger, prepared with Acrylic gesso.

*If you wish to work smaller, please bring smaller sizes.*

Canvas sheets (available in pads for sketching and practice)

#### Brushes

A variety of long handled acrylic brushes including several different sizes of flats, filberts and rounds. (As well as old, used brushes, they will be used for texturing)

#### Media

Odourless spirits for thinning, cleaning

Walnut oil  
Walnut oil Alkyd Medium  
Closed lid container for media

### **If working with Watercolours**

#### **Paints** (suggested)

Ultramarine Blue, Cobalt Blue, Manganese Blue Hue, Cadmium Red, Cadmium Yellow, Naples Yellow, Hookers Green, Burnt Sienna, van dyke brown, Sepia, Paynes Grey, Mars Black, (and any other colours of your choice)

Watercolour paper, single sheets or in pre-stretched pads, with at least one sheet each of cold and hot pressed.

#### **Media**

Friskit (or other brand name) for masking areas  
Flow medium, drying extenders only if desired.

### **OTHER MATERIALS**

Paper towel roll.

Please bring your own containers for water.

Masking tape

A board to support your paper

Watercolour palette

#### **Brushes**

Assorted sizes and shapes of watercolour brushes

#### **Support**

Rags

Containers with lids for media

Disposable palettes (or reusable, your choice)

If you have any questions please call Andrew at 416 930 4041, or text to that number.

Or email, [sookrah@engineroom.ca](mailto:sookrah@engineroom.ca)

<http://www.sookrah.ca>

### **Art supply stores**

Richmond Hill  
DeSerres Art Supply Store  
Richmond Hill, ON  
(905) 780-1771

Markham  
Studio Six Framing & Art Supplies  
Markham, ON  
(905) 475-1136

The Art Supplies  
646 Major MacKenzie Dr East,  
Richmond Hill, ON  
(905) 883-6347