

Oil Painting Supplies

Judy Sherman

<http://shermanj.com/>

Oil Paints:

Winsor & Newton Artist's Oil Colours, Gamblin Artist's Oil Paints are the professional brands that I use. Standard paint tube sizes are 37ml and you can purchase all the colours listed below online or in-store. Winton Oil has a fair price range set for beginner artists. *LUCAS is the brand I use for Titanium White.

Must-have oil paints:

- Titanium White*
- Cadmium Yellow Medium
- Cadmium Red Medium
- Ultramarine Blue
- Yellow Ochre
- Burnt Umber
- Ivory Black

Nice to have if budget permits:

- Lemon Yellow
- Cadmium Orange
- Alizarin Crimson
- Dioxazine Purple
- Phthalo Blue
- Cerulean Blue

Palette:

I use a grey palette, but you may use any palette you are familiar and comfortable with. Some artist like to use a traditional wooden palette.

- Disposable paper palette

Painting Knife:

I recommend the 3 in. and 2 in. rounded tip knives from DeSerres. You can find them under the codes listed below.

- Palette knife (2904)
- Palette knife (c2931)

Canvas:

- [x4] 12" x 16" canvases

Pre-gessoed stretched canvas, optional support can be canvas paper or canvas boards.

Oil Brushes:

You are welcome to add more brushes to the list below. It is always a benefit to keep the brushes you are using separated into lights and darks.

- Hogs Hair: Flat brushes, #4 to #8
- Synthetic: Flat brushes, #2 to #8
- Synthetic: Filbert brushes, #2 to #6

Mineral Spirits:

- Odorless mineral spirits (1000 ml)
- Linseed Oil (500 ml)

Other Equipment:

- [x2] Large glass jars: Mine are filled with lentils (beans); this keeps the wet brushes from touching each other.
- [x3] Medium glass jars, used for cleaning brushes, thinning paint, and linseed oil.
- Soft Rag
- Paper towels
- Cosmetic sponges: I use these in the initial drawing stage of the painting, and for wiping off wet paint I work.
- Camera, iPad to gather reference material or documentation and to photograph the step-by-step demos.

Recommended art supply stores:

[Kings Framing & Art Gallery](#): Oil paint tubes, Winsor & Newton

[Jacksons Art Supply](#): Oil paint tubes, Gamblin, brushes

[Jerry's Artarama Online Art Supplies](#): LUCAS oil paints, brushes and palettes

[Aboveground Art Supplies](#): Canvas and painting supports, mineral spirits

[DeSerres](#): Selection of all artist grade materials

[Currys](#): Selection of all artist grade materials, limited stock on some brands

[Discount The Art Supplies](#): Highly recommended art supply store in the GTA, selection of fairly priced materials for artists of all levels.