

# PAINT BY NATURE

## STEP 1: COLLECT AND ORGANIZE ALL OF YOUR MATERIALS

Gather the following materials:



- Natural materials such as sticks, leaves, twigs and pinecones
- Smock
- Canvas, bristol board, or any heavy weight paper  
You may use any material which can absorb water without ripping or warping.
- Water container
- Paper towel
- Brushes to mix paint
- Poster, acrylic, tempera or gouache paint: red, orange, yellow, green, blue, white, black and brown, in paint trays

**TIP:** Recycled styrofoam containers make great paint trays!

Venture outside to your yard or go for a walk to a green outdoor space approved by your parent or guardian. Collect natural materials from the ground. These materials will become your tools. Look for sticks, leaves, twigs, pinecones, etc.

Once you have gathered all of your materials, clear off a workspace and put on your smock.

## STEP 2: CHOOSE YOUR SUBJECT MATTER

Decide if you want to try and draw a figure like we saw in *Shibagau Shard* or if you would prefer to explore different lines, shapes and textures with your materials.



### STEP 3: PAINT A SCENE WITH YOUR FOUND OBJECTS

Begin experimenting by dipping your found tool into the paint and see how it works as a paint brush. You might want to clean and dry your tool between using different colours.



### STEP 4: USE YOUR MATERIALS IN NEW WAYS

Continue experimenting with your materials until you have covered your entire surface. Dab, scrape, scrub, pull, push and bounce your tools! There are no rules about what you can do.

Note the different textures and shapes produced by each tool.

**TIP:** Mix your paints with a bit of water if you want them to flow more easily.



STEP 5: DISPLAY YOUR ART PROUDLY

**CHALLENGE YOURSELF:**

Use the materials you found outside to paint a story about your time outdoors. Illustrate the fine details of your story to make it come to life!



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